



**JAWAHARLAL NEHRU MEDICAL COLLEGE**

*A Constituent Unit of*

**KLE Academy of Higher Education and Research  
(Deemed -to-be-University)**



Accredited 'A' Grade by NAAC (2<sup>nd</sup> Cycle)

Placed in Category 'A' by MHRD (GoI)

## **DEPARTMENT OF PEDIATRICS**

Website : [www.jnmc.edu](http://www.jnmc.edu)  
Principal : 0831 - 2471701

0831 - 2471350 Extn: 4032  
Fax : 0831 - 2470759



# ***Helping Babies Breathe***



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Value added course on Helping Babies Breathe teaches the initial steps of neonatal resuscitation to be accomplished within *The Golden Minute*. The Faculty of Department of Paediatrics are trained in Helping Babies Breathe and provide this value added course every year according to American Academy of Paediatrics guidelines.

### Objectives of the course

- To train birth attendants in essential skills of newborn resuscitation
- Understand key concept of HBB i.e 'THE FIRST GOLDEN MINUTE'
- Hands On skill development in newborn resuscitation on mannequins

### Target Participants

- Undergraduate Students

**Duration of Course:** 16 HOURS



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### Course Content includes:

- ❖ Preparation before attending delivery of a newborn,
- ❖ Prevention of hypothermia,
- ❖ Routine care of normal newborn babies,
- ❖ Initial steps of resuscitation,
- ❖ Positive pressure ventilation
- ❖ Transfer of babies requiring advanced resuscitation.

### Method of Conduction:

- Didactic Lectures: 3 hours
- Online Module Teaching: 3 hours
- Hands on Workshop: 10 hours